

Courtenay Elementary - Hot Lunch Order Form

June 2024 (JUNE 3 to JUNE 26)



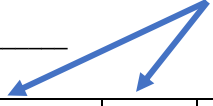
Student Name: _____ Teacher: _____

Parent Name: _____ Grade: _____

Parent Email: _____ Division: _____

Food Allergies: _____

NOTE THE DIFFERENCE IN PRICE!! BE SURE TO CHOOSE THE CORRECT GRADE!



Lunch	Price*	Price*	Qty	Total
	Gr. K-2: \$2	Gr. 3-5: \$3		
 06/03 (Mon) - [Vegetarian] Onigiri with omelet	\$2.00	\$3.00		
06/04 (Tue) - Fish Tacos	\$2.00	\$3.00		
 06/05 (Wed) - [Vegetarian] Curry Pilaf	\$2.00	\$3.00		
06/06 (Thu) - Pasta w/ Meat Sauce	\$2.00	\$3.00		
06/07 (Fri) - Chicken Noodle Soup	\$2.00	\$4.00		
06/10 (Mon) - Pulled Pork	\$2.00	\$3.00		
06/11 (Tue) - Kimbap Rolls	\$2.00	\$3.00		
 06/12 (Wed) - [Vegetarian] Fried Rice	\$2.00	\$3.00		
 06/13 (Thu) - [Vegetarian] Tortellini Alfredo	\$2.00	\$3.00		
06/14 (Fri) - Korean BBQ Beef	\$2.00	\$3.00		
06/17 (Mon) - Beef Stroganoff	\$2.00	\$3.00		
06/18 (Tue) - Salmon Burger	\$2.00	\$3.00		
06/19 (Wed) - Butter Chicken Curry	\$2.00	\$3.00		
 06/21 (Fri) - [Vegetarian] Ms. Masako's Assorted Bread	\$2.00	\$3.00		
06/24 (Mon) - Japanese Curry Rice	\$2.00	\$3.00		
06/25 (Tue) - Beef Tacos	\$2.00	\$3.00		
Grand Total			\$	

(Continued on reverse side)



Indicates vegetarian option available.



Courtenay Elementary - Hot Lunch Order Form

June 2024 (JUNE 3 to JUNE 26)

Make cheques payable to Courtenay Elementary Community School Society.

You can also pay by e-transfer. Send e-transfers to **contact@cecscs.org** and leave a note in the comment section so that we may identify your order.

The cost of food is hitting everyone hard, and we believe schools have a role to play in providing a lunch. We want to help with affordability by offering nutritious and fun lunches on a cost-recovery basis. ***If finances are tight, leave a note on this order form and we will make sure your child(ren) receives lunch.***

All hot lunches include a main dish and sides of fruit and vegetables. We have also started offering vegetarian options with some lunches. If you prefer a vegetarian meal on those days, please leave a note on this order form.

You can also sign up for breakfast at no cost! The kitchen is open from 8-8:30, so don't be late!

Please return this form at least two days in advance of your order that we may prepare enough lunches for the day.

NOTES TO PARENTS

- To help remember what you ordered, please take a photo of this order form. Please consider ordering online with MunchaLunch.com as the service will send you automated lunch reminders.
- We understand that that your child(ren) might not eat the lunch they are served. We've noticed a lot of food waste on certain days. This is a result of several factors: being picky, not liking the lunch, having to eat with utensils, being distracted by friends, or not having enough time to eat. We don't want kids to go hungry if they can't or won't eat their lunch, but we also don't have the capacity to provide alternatives. If you think the lunch you ordered might be a challenge for your child(ren), please be sure to pack extra snacks in their backpacks.

For more information about the hot lunch program and to check on potential allergens in the meals, visit <https://cecscs.org/hot-lunch/>